

What is Push the Boat Out?

Push the Boat Out is an annual festival of sailing activities, promoted by the Royal Yachting Association (RYA) which aims to introduce newcomers of all ages, abilities and backgrounds to the sport. Organised events will be happening at sailing clubs across the UK and here at East Lancashire Sailing Club our event will be on:

Saturday 19th May 2018, 12-4pm
Rishton Reservoir, Rishton,
Lancashire, BB1 4ET

Can anyone take part?

Anyone over the age of 10, who'd like to try sailing, is welcome.
Anyone under 18 must bring along a parent or guardian.

Can I just turn up on the day and take part?

Last year was a great success with all the sessions on the water being booked before the day and there are only a limited number of sessions available. So it's very important that you book a session before the day and we'll allocate you a time. If after booking you can't make it then please let us know as we'll be able to offer your slot to someone else.

Do I need to buy any special equipment or clothes?

No. East Lancashire Sailing Club provides all the boats and safety equipment required for each session. While our aim is to keep everyone dry you should wear clothes and shoes that you don't mind getting wet and bring a towel in case you do!

How much does it cost?

The sessions are free. If on the day you'd like to make donation for the maintenance of club boats then please do but the sessions are 100% FREE, we want everyone to be able to come sailing.

I've never sailed before or have any sailing experience can I take part?

Yes, you're just the sort of person Push the Boat Out is for. The sessions are a chance to have half an hour of fun on the water with the guidance of our Instructors and experienced helms and get a real feel for dinghy sailing here at the East Lancashire Sailing Club.

I can't swim can I take part?

Yes. But, you need to tell us that you can't swim so we can take extra measures to support you.



I have special access needs can I take part?

We've a specialist dinghy that helps to make sailing accessible to all. Please contact us prior to your visit so we can discuss how we can get it right for you on the day.

I use a hearing aid can I take part?

Yes. Only you know if your hearing aid is waterproof and you may get wet so why not leave it on shore with the organisers or a friend. If you do then let the people in your boat know that you're not wearing a hearing aid so they can take extra steps to make your experience a good one.

I wear glasses can I take part?

Yes. If you can do without them then leave them with the organisers or a friend, but if you must wear them then make sure they are attached to you in some way, this is usually a lanyard or an elastic strap.

Is sailing a safe activity?

Sailing is an adventurous activity and like most sports is not completely risk free. However, East Lancashire Sailing Club complies with the requirements of the RYA which means anyone taking part in a session will have an RYA instructor or experienced helm aboard a seaworthy, well-maintained and suitable boat. Additionally, we have fast safety boats keeping an eye on the activity and people ashore counting people out and back in again.

How do I book a session?

Booking is essential to guarantee a place at the event, we don't want anyone to be disappointed on the day but we're unlikely to be able to offer you time on the water if you haven't booked a session.

So....please email our Chief Instructor Robin with your details at info@sail-elsc.org.uk and he will contact you and let you know the time of your session on the day.

It's going to be a great time, don't miss out, Push the Boat Out only happens once a year

