

# Learning to Sail at ELSC

## Available Courses



The most important thing about learning is to ensure the course will meet your ambitions while being at the right level for your current experience. To make sure that's going to happen contact us and let's talk about what you need and how we can help you get there. You can contact our Chief Instructor by email [info@sail-elsc.org.uk](mailto:info@sail-elsc.org.uk) and he'll be happy to talk you through the courses we offer which are all listed below.

### Dinghy and Multihull Course

**Level 1 - Start Sailing:** Sailing in all directions, an awareness of launching and recovery. 2 days minimum.

**Level 2 – Basic Skills:** Often combined with Level 1 into a 4 or 5 day course. Rigging, launching and sailing in all directions. Capsize recovery and essential safety background.

**Advanced Module - Seamanship Skills:** Launching and recovering a boat in a variety of situations. Stopping, reducing sail, recovering a man overboard and anchoring.

**Advanced Module - Sailing with Spinnakers:** How to rig the boat, gybe and recover one type of spinnaker, either conventional or asymmetric and sailing the best possible course downwind.

**Advanced Module - Performance Sailing:** Coaching to improve your sailing, primarily in two person boats with spinnakers.

### Youth Sailing Scheme

**Start Sailing Stage 1:** Launching and recovery, steering, parts of the boat, basic sailing.

**Start Sailing Stage 2:** Basic Sailing Skills, rope-work, collision avoidance.

**Start Sailing Stage 3:** Rigging, launching and recovery, sailing techniques, capsizes recovery, sailing theory.

**Start Sailing Stage 4:** Can launch and return to a beach, jetty or mooring. Can sail a crewed dinghy around a triangle in moderate conditions

### Powerboat Courses

**Level 1 – Start Powerboating:** Minimum age 8. Candidates under 16 will be issued an endorsed certificate. Launching and preparing the boat, basic boat handling and returning to shore plus background theory.

**Level 2- Powerboat Handling:** Minimum age 12. Candidates under the age of 16 will be issued an endorsed certificate. All you need to know for self-sufficient power boating at a basic level. Course includes launching, mooring, anchoring and recovery plus all the boat driving skills required for basic competence in a powerboat.

**Safety Boat:** RYA Powerboat Level 2 certificate must be held prior to the course. The minimum age for this course is 16 and the trainee must have an understanding of sailing boats. Boat handling, rescue techniques for sailing dinghies, windsurfers and canoes as well as towing is included in this course.